



### Wisconsin/HOSA Fall 2009



State Officers - Secretary Karly Modesti, Reporter Trish Kaiser, Vice President Sam Shabtaie, Historian Andrew Sather, President Nzuekoh Nchinda, and Special Projects Coordinator Annmaree Dahlberg

Hello all 2009-2010 HOSA members and advisors! This year is going to be a great one. If you just joined Wisconsin HOSA, welcome! You are in for a lot of fun. We currently have 918 members in Wisconsin and are always welcoming more! If you aren't a new member, thanks for coming back! We are looking forward to meeting our new members and seeing our old returning members at all of our upcoming events. All the officers have written a little about themselves so you can get to know them.



### Nzuekoh Nchinda

President

Hello, fellow HOSA members. My name is Nzuekoh Nchinda, and I have the honor of serving as your 2009-2010 State President. Health Occupations Students of America has been a significant part of my high school experience for the past three years. When I first joined the organization, I knew little of the multitude of opportunities it offers. After four Fall Leadership Labs, three State Leadership Conferences, and three National Leadership Conferences, I have developed a connection to HOSA that reaches far beyond my high school walls.

I am a senior at Oak Creek High School, where I also serve as the president for Oak Creek HOSA. I am very involved in my school and community, taking part in activities such as the Oak Creek Service-Learning Academy, National Honor Society, Multicultural Club, and Teens Against Tobacco Use. I have a passion for music and spend much of my free time composing and singing in groups like the Milwaukee Youth Chorale. Along with music, I also enjoy other forms of art, including drawing, fashion, theater, and dance.

I have gained so many learning experiences from HOSA. Each experience has helped me grow as a person to become an open, aware, and active leader in my community. As your State President, I hope to provide each of you with the opportunities HOSA has given me so that you all may also grow and become open, aware, and active leaders in your communities. I am looking forward to sharing a very productive and fun year with all of you.



#### Sam Shahtaie Vice President

Welcome all 2009-2010 HOSA members! I am Sam Shabtaie, a senior at Madison Memorial High School and your Wisconsin HOSA vice-president. Like many of you, I became involved with HOSA my sophomore year and was elected chapter secretary and in my junior year chapter president. For the past two years I have had the pleasure of attending the national leadership conference and would encourage everyone to make it their goal to attend the 2010 NLC in Disney World. Aside from HOSA, I love to play soccer and tennis, while also making time to volunteer at the UW Hospital. I look forward to seeing you at the leadership lab this October and I would highly recommend running for state office.



#### Karly Modesti Secretary

My name is Karly Modesti. I am a senior at Washington Park High School. I am serving as your 2009-2010 secretary. Ever since I have been little, I have always wanted to help people, so working in the medical field was the perfect opportunity. I am currently employed at Wheaton Franciscan Healthcare working as a CNA in Labor and Delivery. I look up to many of the doctors there, and one day I hope to become an OBGYN physician. Besides HOSA I am on the varsity softball team and involved in student government. I look forward to meeting many of you at the upcoming event and am very eager to serve as your secretary!



#### Andrew Sather Historian

Hello everyone! My name is Andrew Sather and I am your 2009-2010 Wisconsin state HOSA historian. I am a senior at Appleton North High School and I am very excited for the year. This year I am going to be very involved in increasing membership in our organization and I plan to record our history for the year. I am also in charge of creating an awesome scrapbook which I hope can include many pictures and documents from many events and local HOSA chapters around the state. I will also be really pushing to make sure that we have a complete history of our past 40 years of being. I am very enthusiastic about the year and I know it will be great.



#### Trish Kaiser Reporter

Hello 2009-2010 HOSA members! I am Trish Kaiser, your 2009-2010 state reporter. I am a senior at Washington Park High School. I work at St. Mary's Hospital in Labor and Delivery and Women and Infants. Besides HOSA, I am on the varsity soccer team and play softball in the summer. If any of you would like your chapter in the upcoming newsletter, feel free to e-mail me pictures so I can include you! I am positive that this year is going to be a great one! I hope to see and meet many of you at the Leadership Lab coming up in October. We have a lot in store for you.



Annmaree Dahlberg
Special Projects Coordinator
Hello everybody, and welcome to all of the new members!

I am a senior at West Allis Central High School, where I am involved in our local chapter. I also am involved in several clubs and committees provided at my school, such as Conservation Club, Student Council, and National Honor Society. After high school I plan to go into the medical field to be a reconstructive surgeon or possibly a psychologist. But outside of the medical field I would love to pursue something in music or poetry, two of my favorite hobbies. I also enjoy playing basketball, dancing, and watching movies in my spare time.

At first I was unsure as to what I would learn from HOSA because I was a new member, but after a great first year involved in HOSA I have gained so much knowledge. HOSA allows members to learn all about the medical field, meet new people all over Wisconsin, and gain new skills. So get ready and buckle up for a great year with HOSA because I'm positive you won't forget it!

# A LETTER FROM YOUR STATE ADVISOR

Greetings to All Wisconsin HOSA Members and Advisors,

Welcome to the 2009-2010 school year! Congratulations on your involvement with this dynamic organization that advances healthcare knowledge, provides opportunities to exhibit healthcare skills, and prepares youth with professionalism and passion to enter careers in the healthcare industry. I have been very impressed with our Wisconsin members throughout this past year. Our state was well represented at the National Leadership Conference in Nashville, Tennessee, and congratulations to those who participated in competitive events. We had four entries place fourth in the nation which is outstanding! Check out the list on this website.

Wisconsin HOSA is working behind the scenes to develop dynamic experiences for members and advisors. The state officers and their advisors have planned an awesome leadership lab that will feature professionals in the healthcare field, provide leadership training for members, give information about HOSA initiatives at the state and national levels, and connect members and advisors from across Wisconsin. A new community service project will be introduced. See the leadership lab section in this website and make plans to attend.

National HOSA Week will be celebrated on November 1 - 7, 2009. Check the national website at <a href="https://www.hosa.org">www.hosa.org</a> to find ideas on how to promote HOSA in your school and community. While there, be sure to get information about the national officers and check out the competitive events section for topics and resources. It's not too early to get started.

The Executive Council is also working on State Leadership Conference planning. It will be held at the Chula Vista Conference Center in Wisconsin Dells on April 25-27, 2010. This group of state officers and their advisors are committed to providing a dynamic state conference for members and advisors. If any member of advisor has suggestions, please email me at <a href="mailto:janice.atkinson@dpi.wi.gov">janice.atkinson@dpi.wi.gov</a>. Stay tuned for further updates by visiting this website often.

I really look forward to working with you through the year and getting to know you better. Please feel free to email any time.

In HOSA Spirit,

Janice Atkinson, State Advisor

# FACEBOOK

In an effort to increase communication with members, gain new members, and modernize, the 2009-2010 executive council has decided to utilize Facebook! Many of you may already have a Facebook account, but if you don't it is relatively easy to start one. To join Wisconsin HOSA's Facebook group, log in to Facebook and enter "Wisconsin HOSA" into the search box on the upper right side of the webpage and click enter. The link will deliver you to a page with the most applicable result, and then hit "Join Group." You will now be a member of the Wisconsin HOSA Facebook group! Once a group member, you can view important dates (such as the leadership lab and state conference), network with other Wisconsin HOSA members, or upload interesting HOSA related pics which may be incorporated into a slide show at the state conference in front of hundreds of people. The executive council will also use the group to send important reminders and keep you posted on the happenings of HOSA. Join today! By: Sam Shabtaie, Vice-President



Leadership Lab-October 26<sup>th</sup> at Olympia Conference Center in Oconomowoc We have a lot in store for you so we hope to see you there!

State Leadership Conference- April 25<sup>th</sup>-27<sup>th</sup>, 2010 at Chula Vista in Wisconsin Dells
State is hard work but also so much fun. We encourage all of you to come participate because remember, if you place 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> at state, you qualify for Nationals which is in Florida at DISNEY WORLD!



We will be announcing our new State Service Project at the Leadership Lab this fall. We are all very excited to tell you all about it and give you information!

## HEALTH WORD SEARCH!

VΑ Ν R  $\mathbf{E}$ Η  $\mathbf{L}$ Α Ν Ι M 0 D В  $\mathbf{L}$ Ι Α Υ S Ε Ι  $\mathbf{E}$ Ζ S R Μ Η L Α L D U Η Η Т С F S C C Υ S Ι Ι В R 0 Ι S U Ι Т Α S Ι S 0 Η R R Ι C Ρ Q  $\mathbf{E}$ Ν K Μ Ρ S Ρ Ι Т Ι В U Q Α R Α 0 Ν R 0 Μ K C Η S C Ι Т C Α L Y Ρ A Ν Α 0 Η F S Т VS G V Ι Ι S R U В S 0 0 Т Ρ Ρ Y C U Υ T. Α G Ε Μ 0 Α Ε Η 0 В F Ι S 0 S D Ι S  $\mathbf{E}$ S Ē Α D D Ν Α U Ζ Α  $\mathbf{L}$  $\mathbf{E}$ S R S Ι S 0 Η R R Ι C F R Q U Ζ Α S Ι Т  $\nabla$ G Ν Ι G  $\mathbf{E}$ Т S S Ρ  $\mathbf{T}$ Y U Η Χ Η  $\mathbf{E}$ Α 0 Μ  $\mathbf{E}$ G Α L Ι 0 C Y S Т Ι C F Ι В S Ι S Α R 0 Т Т Ε S U 0 G Μ M K G C U Ν V W Ι Ι R C Υ R В Т W L Y Ρ Α D Α D Α S F Ρ Χ Y Ν Α Ν Ε U R Μ Ν Η U K VS Ρ Т Ι C Η C R D Ν Η Ι Α R

BRADYCARDIA

### WORD BANK

ABDOMINAL HERNIA

ADDISONS DISEASE BURSITIS

ALZHEIMERS CIRRHOSIS

ANAPHYLACTIC SHOCK CYSTIC FIBROSIS

ANEURYSM GINGIVITIS

ASPIRATION GOUT
HEPATOMEGALY